


Here are some of the activities and courses available to you over the next few weeks! Come along and join in the fun! Don't miss the chance to get motivated and moving!



HSCL Newsletter

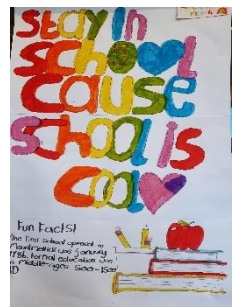
Classes continuing in March/April. All classes are free! Everyone is welcome to join at any time, just make contact with your HSCL to book a place!

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|-------------------------|---|
| <p>Mondays</p> | <p>Walking Group Come and get your steps in! Walk and chat with others. We will meet in the square at 9.30am for a brisk walk every Monday morning.</p>  |
| <p>Thursdays</p> | <p>Conversational English Group Practise and improve your English speaking skills & enjoy a coffee. Group meets on Wednesdays from 9.30am-10.30am in St. Joseph's Girls National School.</p>  |
| <p>Fridays</p> | <p>Dance Zone classes with Louise is starting back on Friday 28th of February, from 9:30am in the Macra Hall. Free of charge. All Welcome!</p>  |

Every School Day Counts!



For the month of March, St. Joseph's GNS and Scoil Padraig Naofa are participating in **Tusla's National Attendance Campaign!** We are encouraging students to be in school every day, on time and ready to learn! There will be lots of prizes and competitions within the school to promote good attendance. Let's work together to make every day in school a great one!



HSCL CO-ORDINATORS

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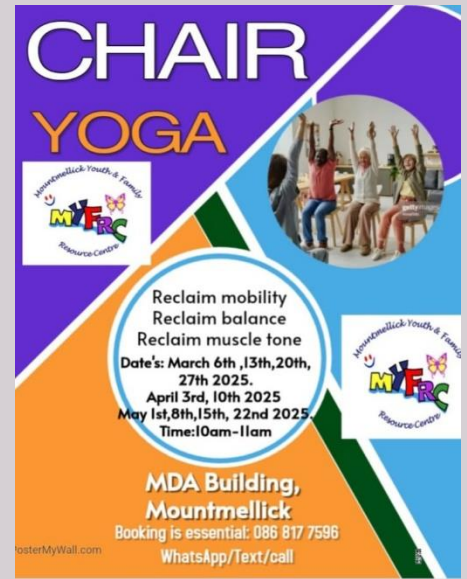
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Ongoing Parent activities and courses with MYRFC!

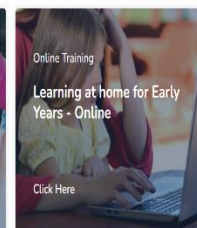
HSCL Newsletter



National Parents Council

National Parents Council helps empower parents to play an active part in their child's education. They have lots of helpful webinars and online supports for parents around internet safety, bullying, transitions from pre-school to primary, primary to secondary, mental health & well being.

Check out the website www.npc.ie or follow on facebook National Parents Council



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